



## **West Shore Parks & Recreation**

### **Corporate Health Pass**

### **Employer Information**

West Shore Parks & Recreation is committed to helping our valued business partners create a corporate culture that encourages a healthy lifestyle and work environment for their employees. Through a program called the Corporate Health Pass, employers are provided with admission incentives for their employees.

#### **Employer Benefit:**

A growing number of Canadian businesses have recognized that funding devoted to employee health is solid investment and positively contributes to the following:

- Increased productivity and focus
- Increased staff morale and working relationships
- Reduction in sick time and absenteeism
- Lower turnover rates
- Lower health-care claims/costs
- Increased confidence and self esteem
- Improves psychological well-being (less stress, anxiety and depression)
- Prevents, reduces, or reverses the effects of many chronic diseases

*(Health Link BC: Health Benefits of Physical Activity and Workplace Wellness: Best Practice Model)*

#### **Pass Fee Structure:**

Corporate discounts are based on our annual pass rate. All rates are based on fees effective September of each year.

- 10% discount for 10–15 employees
- 15% discount for 16-25 employees
- 20% discount for 26+ employees

#### **What's Included:**

The Corporate Health Pass provides access to all WSPR drop-in activities including:

- Public swimming sessions
- Sauna, steamroom, Aquafit classes
- Access to the weightroom
- Select fitness drop-in classes
- Drop-in sports including basketball and pickleball
- Public skating sessions
- Duffer hockey

### **Benefits to the Business Partner:**

- Customized invoicing and stats sharing (i.e. the business partner may require the staff to use the gym or pool at least 10 times per month and reports can be sent from WSPR to confirm monthly attendance)
- No payment information required for each client (payment is attached to employer/organization); renewal is done seamlessly as well.
- Automatic notifications will enable business to be notified when passes expire so renewals may happen with no missed time.
- WSPR fitness staff will provide a free facility tour to the business partner contact responsible for setting up the pass.

### **Additional Information for Businesses and their Employees:**

#### **1. What about existing patrons who already have a fitness pass?**

If you already have an existing WSPR membership pass (1, 3 or 12 month), WSPR would provide a pro-rated refund from the length of time pass held prior to signing up through their employer for the Corporate Health Pass. Any credit will go back to your account.

#### **2. Who do I speak to at my job about the Corporate Health Pass?**

If your business is not yet part of the program, your human resources or staff wellness committee is a great place to start. They can connect with WSPR directly to get the details of the program.

#### **3. How do I pay?**

The business must issue one payment on behalf of all its members. We are unable to facilitate individual payments. Please contact your business representative to make these arrangements.

#### **4. Does the Corporate Health Pass entitle me to discount fees on registered programs?**

The Corporate Health Pass is not eligible for discounts on registered programs. It provides drop-in access to the pool, weightroom, skating rink and select classes in the fitness centre.

#### **5. Can the business or employee cancel the Corporate Health Pass?**

There are no cancellations, refunds or transfers once an employee is registered for the Corporate Health Pass.

#### **6. Does my Corporate Health Pass include a complimentary weightroom orientation?**

Yes. A weightroom orientation can be booked through the fitness department during weightroom attended hours. Please contact Kaitlyn Waring to schedule: 250-474-8617 or [kwaring@wspr.ca](mailto:kwaring@wspr.ca)

For more information, please contact:

Laurie Polischuk

Phone: 250-474-8612

Email: [lpolischuk@wspr.ca](mailto:lpolischuk@wspr.ca)